

## NIA 6 Updates



All of the previous NIA6 newsletters can be found in the news section on the [Sixth Form](#) website.

### **Thought for the Week**

This term, NIA6 students have shown what it truly means to strive for excellence — not only through their academic achievements, but through the strength of their character. They have stepped forward with maturity and purpose: supporting younger students across the school, bringing joy and creativity to World Book Day, demonstrating compassion through charitable work, and embracing challenge through mock interviews, the Duke of Edinburgh's Award, and CCF.

Each of these moments reflects a community of young people who are willing to grow, to contribute, and to push beyond their comfort zones. Their actions this term show a level of ambition and resilience that will carry them far beyond Sixth Form.

As we approach the end of term, our thought for the week reminds us of the mindset that underpins all success:

**“Success at anything will always come down to this: focus and effort. And we control both.”**

As we look ahead to the Easter break and prepare for the summer term, let us hold onto this truth. May we return with renewed determination, ready to focus, to work hard, and to continue shaping the future with confidence, purpose, and belief in what we can achieve.

### Attendance Matters

High-quality attendance remains one of the strongest indicators of student progress. Consistent presence in lessons allows students to follow the full sequence of learning, participate in discussions, and access the support they need to succeed. Strong attendance also reflects reliability - a trait highly valued by universities and employers. In the world of work, punctuality and dependability are non-negotiable expectations, and universities similarly expect students to manage deadlines and commitments independently.



### Mock interviews

This week, NIA6 hosted another successful round of mock interviews with professionals from a range of industries. These interviews enabled students to experience a realistic interview environment while developing key skills such as communication, self- presentation, confidence, and the ability to respond to challenging questions — skills that will support them through university applications, apprenticeship interviews, and entry into the workplace.

Students valued the experience highly, recognising the importance of constructive feedback and the opportunity to practise in a supportive environment.











### **Unifrog and Work Experience**

A reminder that **Year 12 Work Experience Week** will take place in the **first week of July**.

Work experience is an essential part of preparing for life beyond Sixth Form. It provides insight into potential career paths, builds professional confidence, and strengthens UCAS applications and CVs. All Year 12 students will take part in Work Experience Week during the first week of July, and should now be actively securing placements.

Students should log their placements and reflections on Unifrog, a platform designed to help them explore routes into university, apprenticeships, and employment. Mrs Silvestre is available to support students in this process; however, securing placements requires proactive communication from students themselves.

### **Spotlight on a Subject – A Level History**

A Level History is a rigorous and respected subject that develops analytical thinking, essay writing skills, evaluation of evidence, and the ability to construct balanced arguments.

*“Recently in A-level History, we have been creating revision PowerPoints after finishing the Edward VI section of our course, with each group being assigned a topic focusing on either key figures, rebellions or reforms within society. The PowerPoints are extremely useful as we are creating our own revision resources directly after learning the content, to use at a later date. In the Germany section of our course, we have also been revising what we have*

already learnt and focusing on exam techniques and essay structure, which helps us apply the content we have learned and revised.”

Caitlin

## Exam countdown - 39 days to go until the first exam!

Date	Start Time	Year Group	Subject	Exam	Concise Durations
05/05/2026	13:30	13	Applied Science	60317T Principles & Applications Of Chemist : 60317T01 Principles & Applications Of Chemist (60317T01)	1h
06/05/2026	13:30	13	Applied Science	60318T Principles & Applications Of Physics : 60318T01 Principles & Applications Of Physics (60318T01)	1h
11/05/2026	09:00	11	English	8702 English Literature : 8702/1 English Literature Paper 1 (8702/1)	1h 45m
11/05/2026	13:30	12	H&S	60309T Human Lifespan And Development : 60309T01 Human Lifespan And Development (60309T01)	1h 30m
11/05/2026	13:30	11	Business	1850 Business : 1850 01 Investigating Small Bus. (1850 01)	1h 15m
12/05/2026	13:30	11	Science	8464F Combined Sci: Trilogy Tier F : 8464/B/1F Combined Sci Trilogy Biology P1F (8464/B/1F)	1h 15m
12/05/2026	13:30	11	Science	8464H Combined Sci: Trilogy Tier H : 8464/B/1H Combined Sci Trilogy Biology P1H (8464/B/1H)	1h 15m
12/05/2026	13:30	11	Science	8461H Biology Tier H : 8461/1H Biology Paper 1 Tier H (8461/1H)	1h 45m
13/05/2026	09:00	12	Applied Psych	21331I Psychological Approaches And Applica : 21331I03 Psychological Approaches And Applica (21331I03)	1h 30m
13/05/2026	13:30	13	Business	9850 Business : 9850 01 Market,people & Global Bu (9850 01)	2h
13/05/2026	13:30	12	Sport	31524H Anatomy And Physiology : 31524H01 Anatomy And Physiology (31524H01)	1h 30m
14/05/2026	09:00	11	Maths	1MA1F Mathematics Option F : 1MA1 1F Non Calculator (F) (1MA1 1F)	1h 30m
14/05/2026	09:00	11	Maths	1MA1H Mathematics Option H : 1MA1 1H Non Calculator (H) (1MA1 1H)	1h 30m
14/05/2026	09:00	12	Travel and Tourism	20207k The World Of Travel And Tourism : 20207K01 The World Of Travel And Tourism (20207K01)	1h 30m
14/05/2026	10:50	12	Travel and Tourism	20207k The World Of Travel And Tourism : 20207K01 The World Of Travel And Tourism (20207K01)	1h 30m
18/05/2026	09:00	11	Science	8464F Combined Sci: Trilogy Tier F : 8464/C/1F Combined Sci Trilogy Chemistry P1F (8464/C/1F)	1h 15m
18/05/2026	09:00	11	Science	8464H Combined Sci: Trilogy Tier H : 8464/C/1H Combined Sci Trilogy Chemistry P1H (8464/C/1H)	1h 15m
18/05/2026	09:00	11	Science	8462H Chemistry Tier H : 8462/1H Chemistry Paper 1 Tier H (8462/1H)	1h 45m
19/05/2026	09:00	11	English	8702 English Literature : 8702/2 English Literature Paper 2 (8702/2)	2h 15m
19/05/2026	09:00	13	Business	9850 Business : 9850 02 Activs,decision & Strats. (9850 02)	2h
19/05/2026	13:30	12	Applied Science	60316T Principles & Applications Of Biology : 60316T01 Principles & Applications Of Biology (60316T01)	1h
21/05/2026	09:00	11	English	8700 English Language : 8700/1 English Language Paper 1 (8700/1)	1h 45m
21/05/2026	09:00	13	Polish	7687 Polish Adv : 7687/1 Polish Adv Paper 1 (7687/1)	2h 30m
21/05/2026	13:30	11	English	8700 English Language : 8700/1 English Language Paper 1 (8700/1)	1h 45m
21/05/2026	13:30	11	Business	1850 Business : 1850 02 Building A Business (1850 02)	1h 45m
01/06/2026	09:00	13	Polish	7687 Polish Adv : 7687/2 Polish Adv Paper 2 (7687/2)	2h
01/06/2026	13:30	13	Polish	7687 Polish Adv : 7687/2 Polish Adv Paper 2 (7687/2)	2h
02/06/2026	09:00	11	Science	8464F Combined Sci: Trilogy Tier F : 8464/P/1F Combined Sci Trilogy Physics P1F (8464/P/1F)	1h 15m
02/06/2026	09:00	11	Science	8464H Combined Sci: Trilogy Tier H : 8464/P/1H Combined Sci Trilogy Physics P1H (8464/P/1H)	1h 15m
02/06/2026	09:00	11	Science	8463H Physics Tier H : 8463/1H Physics Paper 1 Tier H (8463/1H)	1h 45m
02/06/2026	09:00	13	Chemistry	H432A Chemistry A : H432/01 Chem A: Prck Tble Elmnt Phy Chem Wtn (H432/01)	2h 15m
03/06/2026	09:00	11	Maths	1MA1F Mathematics Option F : 1MA1 2F Calculator (F) (1MA1 2F)	1h 30m
03/06/2026	09:00	11	Maths	1MA1H Mathematics Option H : 1MA1 2H Calculator (H) (1MA1 2H)	1h 30m
03/06/2026	13:30	13	Maths	9MA0 Mathematics : 9MA0 01 Pure Mathematics 1 (9MA0 01)	2h
04/06/2026	13:30	13	Biology	H420A Biology A : H420/01 Biology A: Biological Processes Wtn (H420/01)	2h 15m
05/06/2026	09:00	11	English	8700 English Language : 8700/2 English Language Paper 2 (8700/2)	1h 45m
08/06/2026	09:00	11	Science	8464F Combined Sci: Trilogy Tier F : 8464/B/2F Combined Sci Trilogy Biology P2F (8464/B/2F)	1h 15m
08/06/2026	09:00	11	Science	8464H Combined Sci: Trilogy Tier H : 8464/B/2H Combined Sci Trilogy Biology P2H (8464/B/2H)	1h 15m
08/06/2026	09:00	11	Science	8461H Biology Tier H : 8461/2H Biology Paper 2 Tier H (8461/2H)	1h 45m
09/06/2026	09:00	13	Polish	7687 Polish Adv : 7687/3 Polish Adv Paper 3 (7687/3)	2h 30m
09/06/2026	09:00	13	Chemistry	H432A Chemistry A : H432/02 Chem A: Synths & Analytl Tchngs Wtn (H432/02)	2h 15m
09/06/2026	13:30	13	Business	9850 Business : 9850 03 Investigating Business (9850 03)	2h
10/06/2026	09:00	11	Maths	1MA1F Mathematics Option F : 1MA1 3F Calculator (F) (1MA1 3F)	1h 30m
10/06/2026	09:00	11	Maths	1MA1H Mathematics Option H : 1MA1 3H Calculator (H) (1MA1 3H)	1h 30m
11/06/2026	13:30	13	Maths	9MA0 Mathematics : 9MA0 02 Pure Mathematics 2 (9MA0 02)	2h
12/06/2026	09:00	11	Science	8464F Combined Sci: Trilogy Tier F : 8464/C/2F Combined Sci Trilogy Chemistry P2F (8464/C/2F)	1h 15m
12/06/2026	09:00	11	Science	8464H Combined Sci: Trilogy Tier H : 8464/C/2H Combined Sci Trilogy Chemistry P2H (8464/C/2H)	1h 15m
12/06/2026	09:00	11	Science	8462H Chemistry Tier H : 8462/2H Chemistry Paper 2 Tier H (8462/2H)	1h 45m
12/06/2026	09:00	13	Biology	H420A Biology A : H420/02 Biology A: Biological Diversity Wtn (H420/02)	2h 15m
15/06/2026	09:00	11	Science	8464F Combined Sci: Trilogy Tier F : 8464/P/2F Combined Sci Trilogy Physics P2F (8464/P/2F)	1h 15m
15/06/2026	09:00	11	Science	8464H Combined Sci: Trilogy Tier H : 8464/P/2H Combined Sci Trilogy Physics P2H (8464/P/2H)	1h 15m
15/06/2026	09:00	11	Science	8463H Physics Tier H : 8463/2H Physics Paper 2 Tier H (8463/2H)	1h 45m
15/06/2026	09:00	13	Chemistry	H432A Chemistry A : H432/03 Chem A: Unified Chemistry Wtn (H432/03)	1h 30m
16/06/2026	09:00	13	Biology	H420A Biology A : H420/03 Biology A: Unified Biology Wtn (H420/03)	1h 30m
18/06/2026	13:30	13	Maths	9MA0 Mathematics : 9MA0 03 Statistics & Mechanics (9MA0 03)	2h

## Revision

As examinations begin next term, revision is now crucial. Useful revision strategies include timetables, flashcards, past papers, self-quizzing, and mind maps. Students must also maintain physical and mental wellbeing.

### Revision Session

A Level 3 BTEC Sport revision session will take place during the Easter holidays on Wednesday 1st April, 9am–12pm at NIA with Mr White.

### Podiatry Traineeship

Podiatry is a specialist healthcare profession focused on diagnosing, treating, and managing conditions affecting the feet, ankles, and lower limbs. This term, several students have been undertaking a Podiatry Traineeship.

*“Going to the podiatry traineeship was one of the best decisions I've made for broadening my understanding of this branch of health science and for strengthening my personal statement. Although the traineeship was only for a couple hours, it inspired me and introduced me to what I now see as a 'hidden gem'. Many people overlook podiatry because it involves working with feet, but I quickly learned that it is far more than that and it involves understanding the whole body.*

*I was fortunate to take part in a practical demonstration. We learned how to use a handheld Doppler ultrasound to listen to blood flow in the veins and arteries of the feet, as well as how to use a reflex hammer, both of which I found incredibly engaging.”*

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### **NIA6 cadets praised**

Three NIA6 students have been recognised by the Combined Cadet Force Association's praiseworthy action award scheme.

The scheme recognises cadets for rendering help and assistance to the general community, from minor incidents to life-saving situations and other real-life emergencies.

On 26th January, three Year 12 students Caitlin Mills, Daya Warner and Lucy Wykes, who are all NIA CCF Royal Navy Cadets, stepped in to help when another student experienced a sudden seizure in a school corridor.

Drawing on recent First Aid training they had received through the CCF programme, they worked as a team to place the student safely into the recovery position, using his coat to support and protect his head and maintained a calm environment during a highly distressing situation. When staff quickly arrived at the scene, they clearly communicated what had happened, providing a precise timeline and detailed observations that were crucial to the paramedics on arrival.

Caitlin, Daya and Lucy were presented with Praiseworthy Action certificates on behalf of the Combined Cadet Force Association





## Enrichment

Next term, students will have the opportunity to select a new Enrichment option. The first Friday of the new term will be dedicated to this selection process, and students will begin their new sessions the following week.

The Enrichment options available are: Board Games, Boxing, Charity, Work Experience, Volunteering in the Primary Phase, Volunteering with EAL Students, Music, PE, Entrepreneurship, British Sign Language, Reading.

Students who are already committed to EPQ, CCF, or the Duke of Edinburgh's Award will continue with these programmes.

## Charity events

Charitable work is a core part of our Sixth Form identity. It encourages compassion, community awareness, teamwork, and leadership — values that contribute to strong personal development and future opportunities.

Next term, NIA6 will host further charity events, including a cultural bake sale and a 'Guess the Number of Sweets in the Jar' competition.

## Rewards

This week, all students have earned a Dress Down Day on Friday in recognition of their professionalism during the recent mock examinations. Students arrived prepared, punctual, and exam- ready.

## Reminder: Student Leadership Survey



Our Student Leadership Team has launched a Sixth Form survey to gather feedback about student experience. This is a fantastic example of students taking an active role in shaping Sixth Form life. We strongly encourage all students to complete the survey and have their voices heard - your opinions matter.