

## NIA 6 Updates



All of the previous NIA6 newsletters can be found in the news section on the [Sixth Form](#) website.

### **Attendance initiative**

Attendance continues to improve at NIA6 and we are extremely pleased to see students showing strong commitment to their studies, especially during the recent mock exams. This week we are holding our **second dress down day**, which is awarded to students who achieve **100% attendance, arrive on time every day and are punctual to every lesson**. It is fantastic to see that 51 were students eligible for this reward this time! Well done to everyone who is demonstrating such dedication and consistency.



### NGAGE visit: supporting students to make informed choices

On Monday we had NGAGE in to talk to students about vaping. They discussed the idea of making informed safe choices and who students might talk to if they need help with the decisions they make. Please remember that the Sixth Form team of Mr John, Mrs Silvestre, Miss Best and Miss Sweeney are always available for students to discuss any problems.

**Get in touch today!**

Our administrative base is located in Northampton.  
Young people require booked appointment at this office.

Web: [aquarius.org.uk/ngage](http://aquarius.org.uk/ngage)  
Tel: 01604 633 848  
Email: [ygnorthamptonshire@aquarius.org.uk](mailto:ygnorthamptonshire@aquarius.org.uk)  
Facebook: @aquariusnorthampton

**Aquarius information**

NGAGE is run by Aquarius, a charity that helps people overcome the harms caused by alcohol, drugs and gambling. We work closely with individuals, families and friends to lessen the impact caused by the behaviour of a loved one.

Overcoming an addiction can be a difficult process but you can be sure that our staff will be dedicated to giving you and your family the attention and support that you need. We will be there to help you with each step of your journey along the way to recovery and to help you look forward to the future with the confidence that change is possible.

Alongside this we will also shortly be having Mental Health Ambassadors in the Sixth Form. As our start point for this, Jennifer has been recently working with Miss Carroll at NIA. We would like to give a special shout out to her for having assisted in delivering a **mental health workshop** to Year 11 students. The session focused on managing the pressure of exams and supporting wellbeing during such an important time in the academic year. Jennifer represented the Sixth Form brilliantly and demonstrated great maturity and leadership. This is what Jennifer had to say:

*“On Monday, Miss Carroll invited me to speak during an exam stress management session with a group of Year 11 students. During the session, I talked about the importance of finding revision methods that works for you. It was about getting them to understanding that everyone learns differently so sometimes it takes a bit of trial and error to figure out which revision techniques help focus and remember the information best.*

*I also shared some practical tips on how to manage stress around exams, including things students can do the day before and on the morning of an exam to help them stay calm. This included organising the materials they will need beforehand, getting enough rest, creating a revision timetable, and using simple strategies to stay calm and focused.*

*The aim of the workshop was to give students the tools and confidence to approach their exams in calmer and more positive way. By talking openly about exam stress and sharing helpful strategies students feel more supported and better prepared to manage the challenges come with exam season.”*

### **World Book Day at NIA6**

Yesterday we celebrated **World Book Day**, and NIA6 was transformed into the world of *Charlie and the Chocolate Factory*. A number of teachers and students dressed up as characters and received **golden tickets**, which were exchanged for chocolate bars from Mr Wonka, also known as Mr John. The A-Level English Literature students also created a World Book Day booklet, which sparked plenty of enthusiasm and friendly competition throughout the day.





### **Industry Insight: Sam Warden from GSK visits NIA6**

Sam Warden in from GSK visited NIA6 to work with students across the Sixth Form. Laura in Year 12 had this to say about the event organised by Mr Meadham.

*“We attended a talk by Sam Warden from biotechnical and pharmaceutical company GSK. It was an interactive session where we went over the different career pathway options into numerous industries such as medicine and technology, whilst also expanding our view on the technical and day-to-day work done by the speaker in the company. We were also given the opportunity to ask questions on different topics such as work experience and how to find apprenticeship opportunities in the company and other industries. It was a very educational talk where we were able to ask an executive (Sam Warden) questions, which the answers we can now use to help our future goals. Overall, we had fun and enjoyed the day.”*





### Exploring university pathways

Students at NIA6 welcomed representatives from the London Interdisciplinary School this week for an informative talk about higher education and future study options. Students learned about the school's interdisciplinary approach to learning and how different subjects can come together to tackle real-world challenges. The session also gave students valuable insight into university life and the variety of pathways available after Sixth Form.

### NIA6 charity initiatives

We are also looking forward to our upcoming charity events later this month. Students will be celebrating **Comic Relief** and planning something fun and creative to help raise money for a great cause. Alongside this, there will be a competition to **guess how many sweets are in the jar**, with all proceeds going to another charity which will be confirmed soon. We look forward to seeing students get involved and support these initiatives.

Today, members of the Charity Enrichment group attended a work experience opportunity at the McCarthy-Dixon Foundation. During the visit they learned more about the important work of the charity and helped to put together food parcels for members of the community. Opportunities like this allow students to develop a deeper understanding of service and the impact that charities have on supporting others.

Saleha, one of our students said:

*“Our Charity Committee enrichment group joined The McCarthy-Dixon Foundation today to pack and load food parcels for schools across Northampton. It was steady, meaningful work, and the students approached it with maturity and kindness. Watching them work side by side, knowing the parcels will support families who need them, was a reminder of how powerful small acts of service can be. Their contribution genuinely mattered.”*

### This Girl Can: student voices

Also, this week our This Girl Can noticeboard had a make over from Miss Milne and the students working with her, Lucy and Nadia. These two students are passionate about their sports, swimming and football.

This is what Nadia had to say about how she feels about sport:

*“Have you ever fallen out of love with something you once couldn't imagine your life without? For me, that thing was football.”*

*"Earlier on, I had the opportunity to help coach and manage my secondary school's girls' football team. At that time, football had been a huge part of my life but over the years, after not playing for a while, my connection to the sport slowly faded. Despite playing for numerous teams at an advanced level, the passion just wasn't the same.*

*"Stepping back onto the pitch recently changed that.*

*"Being involved again, even in a different role, reminded me why I loved the game in the first place. Watching these girls play with so much energy, confidence, and pure passion especially knowing some of them may have once been in the same position I was genuinely made me happy.*

*"It reminded me that sometimes, you don't lose love for something forever. You just need the right moment, environment, or people to reconnect you with it. Grateful for the chance to give back, and even more grateful for what this experience gave back to me. 🌟"*

### **Reminder: Student Leadership Survey**

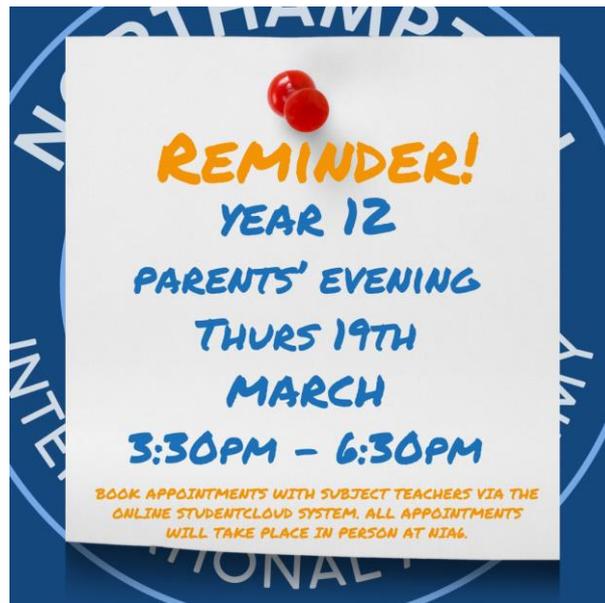


Our Student Leadership Team has launched a Sixth Form survey to gather feedback about student experience. This is a fantastic example of students taking an active role in shaping Sixth Form life. We strongly encourage all students to complete the survey and have their voices heard — your opinions matter.

### **Year 12 Parents' Evening – Thursday 19th March**

Year 12 Parents' Evening will take place on Thursday 19th March. This is a valuable opportunity to celebrate progress and discuss next steps as students continue their Sixth Form journey. Please book appointments with subject teachers via the online StudentCloud system. All appointments will take place in person at NIA6.

We look forward to welcoming parents and carers into Sixth Form.



### Reminder: Mock exam results

Year 13 students will receive their mock exam results on **Wednesday 11th March**. This is an important opportunity for students to reflect on their progress and identify areas to focus on as they continue preparing for their final exams. The Sixth Form team will be available to support students and discuss next steps where needed.

### Thought of the Week: living well together

Our Headteacher, Mr Serrao, often speaks about the importance of **living well together**. This idea captures one of the key qualities we value within our Sixth Form community.

Living well together means looking out for one another, showing kindness and respect, and creating an environment where everyone feels included and supported. It means being thoughtful in our actions, celebrating each other's successes and helping others when they may need support.

At NIA6 we are proud of the students who demonstrate these values every day. When we take care of one another and treat people with kindness, we create a community where everyone can thrive and feel proud to belong.

## External news and events

### SEND events in March



# MARCH EVENTS



**Tue 10 Mar (11am):** Book Club – Zapato Lounge, Northampton NN1 2EB *(No need to book)*

**Sat 14 Mar (1pm):** Communication & Meltdowns Workshop - The Pod, Kettering NN15 5SQ *(Bookable)*

**Wed 18 Mar (11am):** Meet-Up - Café 16:15, Rushden NN10 0UR *(No need to book)*

**Sat 21 Mar (12:30pm):** Collab With SENDsational Moves - Details TBC *(Bookable)*

**Fri 27 Mar (10am):** Breakfast Meet-Up - Northampton Details TBC *(No need to book)*

**Sat 28 Mar (9:30am):** Merry Menopause Workshop - SCCYC, Northampton NN5 5JW *(Bookable)*

**Mon 30 Mar:** Half-Term Meet-Up - The Spinney, Benham Sports Centre, Northampton NN3 6LL *(Details TBC)*

Link to book – <https://wnc.ai/mummas>



SENDsational Families CIC

# Wild Wellbeing MARCH EVENTS

FRIDAY 6TH 11AM	<b>Nature Photography</b> Daventry Country Park
MONDAY 9TH 11AM	<b>Campfire &amp; Cuppa</b> Daventry Country Park
TUESDAY 17TH 11AM	<b>Paws &amp; Pause</b> Delapre Abbey
SATURDAY 21ST 1PM	<b>Family Fun in the Woods</b> Daventry Country Park
TUESDAY 24TH 11AM	<b>Tea &amp; Tarot</b> Delapre Abbey



[www.sendsationalfamilies.co.uk/eventbrite](http://www.sendsationalfamilies.co.uk/eventbrite)

# WHAT'S ON THIS MONTH

## March

### SEND Dads, Male Carers & Family Socials



**Weekly Dads Tea & Toast**  
Every Friday

10:00am – 11:00am  
Bellinge Community House,  
NN3 9AQ



**Happy Hub Social**  
11:00am – 12:00pm

Frank Bruno Foundation  
Every Sunday

#### SENDSHINE Youth Group



Every 2nd & 4th Sunday  
From 11:00am – 12:00pm

Frank Bruno Foundation



#### SENDS 4 DAD SESSIONS

Sun 1 Mar  
WNVP

11:00 – 12:00  
Frank Bruno Foundation  
Dads & Male Carers Only

Sun 1 Mar  
Arts, Crafts & Gaming

1:00 – 3:00pm  
The Avery Pavilion,  
Fernie Fields  
Whole Family

Sat 7 Mar  
A BREW-TIFUL Bromance

1:00 – 3:00pm  
The Coach House,  
Delapre Abbey  
Dads Only

Mon 9 Mar  
Dads Only Social

8:00pm onwards  
The Windmill Pub,  
Kingsthorpe

Sat 14 Mar  
Dad/Male Carers Only

SOUNDBATH  
1:00pm onwards  
Sol Haven, Moulton

Thu 19 Mar  
Dads Only Social

8:00pm onwards  
The Telegraph,  
Pub, Moulton

Sat 21 Mar  
Zepic Games

12:00 – 2:00pm  
Zepic Games, Daventry

Sat 28 Mar  
Dads Breakfast

9:00am onwards  
Cafe Track, Market Square

Sat 28 Mar  
Swimming Session

2:45 – 3:45pm  
Moulton Leisure Centre  
Moulton College  
Nearhampton

#### Support • Connection • Community

Friendly, inclusive socials for SEND dads, male carers, and families.



<https://www.ticketsource.co.uk/sends-4-dad>