



BTEC L3 National Extended Certificate in Sport

EXAM BOARD: Edexcel

What does the course cover?

Mandatory units include;

- Anatomy and Physiology – External Exam
- Fitness Training and Programming for Health, Sport and Well-being – External Exam
- Professional Development in the Sports Industry

Additional units may include;

- Sports Leadership
- Application of Fitness Testing
- Sports Psychology
- Practical Sports Performance

BTEC Nationals require applied learning that brings together knowledge and understanding with practical and technical skills. This is achieved through learners performing vocational tasks that encourage the development of appropriate vocational behaviours and transferable skills. Transferable skills are those such as communication, teamwork, research and analysis, which are valued in both higher education and the workplace.

What skills will the course help you develop?

A broad basis of study for the sport sector. This qualification is designed to support progression to higher education when taken as part of a programme of study that includes other appropriate BTEC Nationals or A Levels.

How is the course assessed?

360 GLH (445 TQT) Equivalent in size to one A Level. 4 units of which 3 are mandatory and 2 are external. Mandatory content (83%). External assessment (67%).

What are the entry requirements?

Students wishing to study BTEC Sport should have 5 GCSEs A*-C. Students are required to have a good qualification from GCSE for example (C or above at GCSE PE or BTEC Level 2 pass)

What do students who study this course go on to do?

Studying BTEC Sport prepares students for a wide range of university degree courses such as; Sport and Physical Education, Sports Coaching, Psychology, Sports Science and a wide range of employment opportunities.

Who is the staff contact for PE?

Mr Woodger is the Head of PE

